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Written by - இணையம் -

Monday, 16 March 2020 02:04 - Last Updated Tuesday, 24 March 2020 12:07

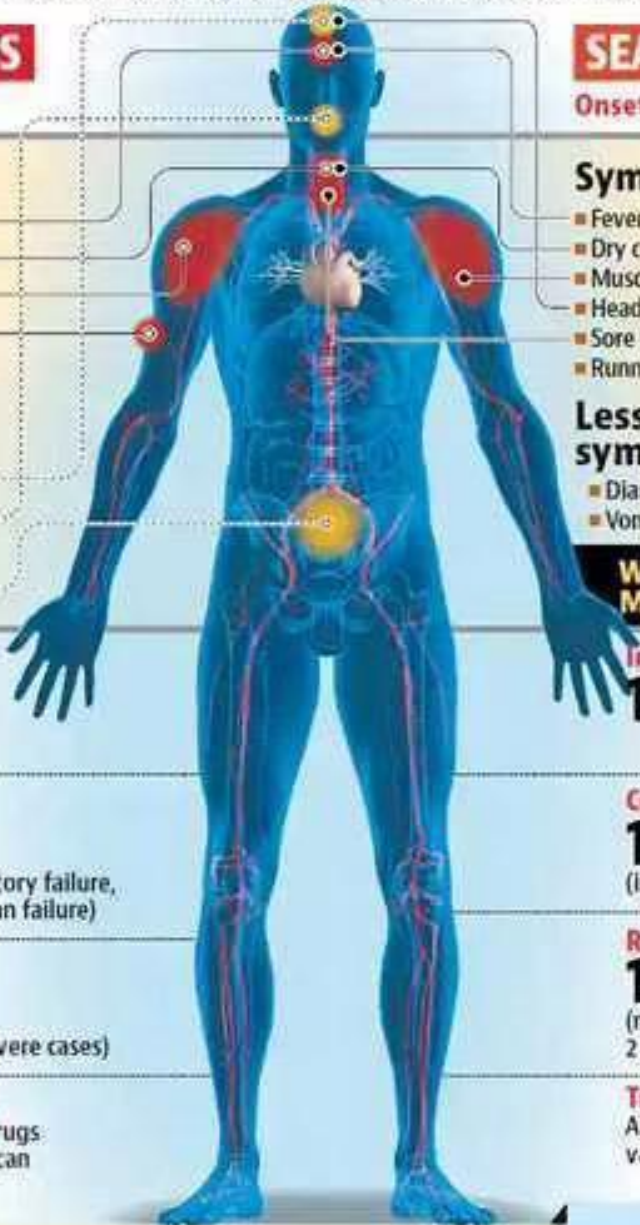
CORONAVIRUS, FLU, COLD?

As the number of coronavirus cases rise, some key differences set coronavirus apart from the seasonal flu and the common cold — mainly the intensity of the symptoms and the recovery period. A guide at identifying the differences in the three conditions.

All three, however, are spread by air-borne respiratory droplets and contaminated surfaces

CORONAVIRUS	SEASONAL FLU	COMMON COLD
Onset: Sudden	Onset: Abrupt	Onset: Gradual
Symptoms	Symptoms	Symptoms
<ul style="list-style-type: none"> ■ Fever ■ Dry cough ■ Muscle ache ■ Fatigue 	<ul style="list-style-type: none"> ■ Fever ■ Dry cough ■ Muscle ache ■ Headache ■ Sore throat ■ Runny or stuffy nose 	<ul style="list-style-type: none"> ■ Runny or stuffy nose ■ Sneezing ■ Sore throat
Less common symptoms	Less common symptoms	Less common symptoms
<ul style="list-style-type: none"> ■ Headache ■ Coughing up blood (haemoptysis) ■ Diarrhoea 	<ul style="list-style-type: none"> ■ Diarrhoea ■ Vomiting 	<ul style="list-style-type: none"> ■ Low grade fever ■ Muscle or body ache ■ Headache ■ Fatigue
Incubation: 1-14 days, may go up to 24 days	Incubation: 1-4 days	Incubation: 2-3 days
Complications: 5% cases (acute pneumonia, respiratory failure, septic shock, multiple organ failure)	Complications: 1% cases (including pneumonia)	Complications: Extremely rare
Recovery: 2 weeks (mild cases); 2-6 weeks (severe cases)	Recovery: 1 week (mild cases); 2 weeks (severe cases)	Recovery: 1 week for most cases; may last as long as 10 days
Treatment or vaccine No vaccines or anti-viral drugs available; only symptoms can be treated	Treatment/vaccine An annual seasonal flu vaccine is available	Treatment/vaccine No treatment, but doctors advise treating symptoms

WHAT THIS MEANS If you have a stuffy/runny nose or are sneezing, you likely DO NOT to have coronavirus



SEVEN KINDS OF CORONA

Seven strains of coronavirus (CoV) that infect humans have been identified. These cause illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS-CoV)

Harmless

- Serotype 229E
- Serotype OC43
- Serotype NL63
- Serotype HKU1

These cause symptoms of the common cold, and rarely cause severe pneumonia

Dangerous

These are known to cause more severe disease. These are:

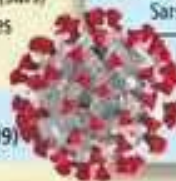
1. **Sars-CoV** which causes severe acute respiratory syndrome (Sars)
2. **Mers-CoV** was that causes Middle East respiratory syndrome (Mers)
3. **Sars-CoV2** that causes coronavirus disease (Covid-19)

The unknowns of Sars-CoV2

Sars-CoV2 is closely related (with 88% identity) to two bat-derived Sars-like coronaviruses (bat-SL-CoV-ZC45 and bat-SL-CoV-ZXC21) collected in 2018 in Zhoushan, eastern China

It has 79% genetic affinity with Sars-CoV, 50% with Mers-CoV

The Sars-CoV2 receptor-binding domain structure, which allows the virus to latch on to and enter cells, is similar to Sars-CoV, despite amino acid variation at some key residues. Little is known about Sars-CoV2 studies on Sars-CoV provide insights into its behaviour and ability to infect humans



On smooth surfaces such as tables, phones etc, Sars-CoV2 retains viability for 5 days at 22-25°C and relative humidity of 40-50% which is typical for air-conditioned rooms. Though this may vary for Sars-CoV2, experts say this is a good indicator for its behaviour

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